

# LOOP LIFE

## Iteration 1: Physical

"Why must something die in order for me to live?" I would quietly ask myself as I ate my food. As childish as it sounds, with every bite I would imagine that my digestive system was a gateway to heaven, where any plant or animal that I ate could live forever in peace.

I envisioned that immortality was possible through regeneration. Like an ouroboros, the image of a snake eating its own tail, the constructive material of one's own body could be used to sustain itself. Nothing added, nothing removed, merely that which is coherent repeated forever.

It was shown to me how everything was originally intended to be eternal, but that the rhythms of Nature had become warped. Instead of growth, there was decay and destruction.

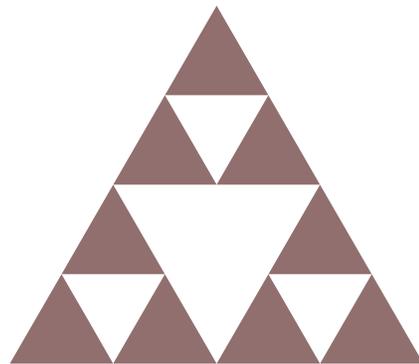
A wheel of light appeared before me. It represented endless cycles of birth, death, and rebirth throughout countless eons. It unraveled itself, inverted, and

wound back up again. In that moment, I knew that humanity was free.

## Iteration 2: Personal - Interpersonal

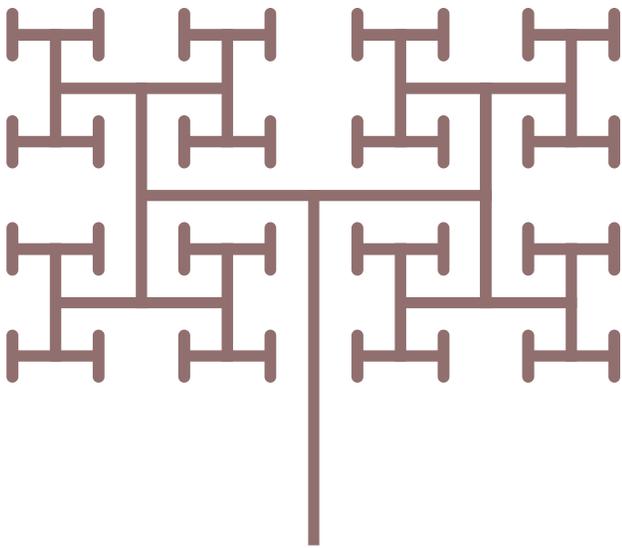
I once went through a very difficult period of time, the events over the past several years finally catching up with me. Every day was excruciatingly painful. My heart was in a blender, my mind shattered to pieces in the churning. Try as I might to extricate myself from it, the inertia overcame me like a tide. I was not strong enough to fight the turbulent currents, so I yielded to something greater. Thankfully, I did not drown in that whirlpool, but washed up on the shore of my future instead.

As I lay upon the soothing sand, another vision was given to me. The thing that I had been seeking was actually within myself, written upon my soul by the hand of my Creator. A Love, absolutely indescribable in its intensity, overcame me. Its presence united my heart and mind in marriage, then passed through me and into the Earth. This Love is not for us alone, but for the healing of All, none excluded.



A dark corner of my inner world was illuminated and I clearly understood how our thoughts and feelings feedback into one another. Sometimes we think in a particular way, which induces a particular feeling, which gets us to entertain those thoughts once more, which evokes those feelings once again, and so on ad infinitum. This pattern can influence every aspect of our lives, yet continue just outside of our awareness. If we allow it, it can tear us and everything that we hold dear to shreds.

Sometimes we need a point of reference that transcends the limitations of our own self, only then can we step outside of it and become an observer of all of space and time.



### Iteration 3: Social - Global

The more integrated we are on the inside, the more beautiful everything on the outside becomes, until the two merge and Oneness is All there is.

Separation, competition, division, fragmentation, ...illusion. We are not at the whim of the temporary.

So many things attempt to interpose themselves between a person and the truth, but truth always has a way of cutting through the noise and slicing away distraction. In purpose and in practice, the truth can be made manifest in every aspect of our lives, individually and collectively.

The sum total of our collective experience is reflected within ancient spirituality and modern science. One is subjective, one is objective. They operate together in complement, continuously guiding, verifying, and tempering one another. It is an externalization of the two aspects of our own mind, an intuition that uses imagery and a logic that uses language. In their union we find wholeness.

When we are overwhelmed by the seeming dichotomy and complexity, we do not see the underlying unity among the diversity. The same patterns are found on every level of scale because the microcosm and macrocosm form a continuum, existing as the body of a single being.

The Spirit is the animating principle. The flesh is not a container for the Spirit, but an extension of it. Everything emanates from a singular, primary source. We have the ability to influence the reality around us to some extent because we

are co-creating it, for each is an aspect of that One creative intelligence, the ever-present "I".

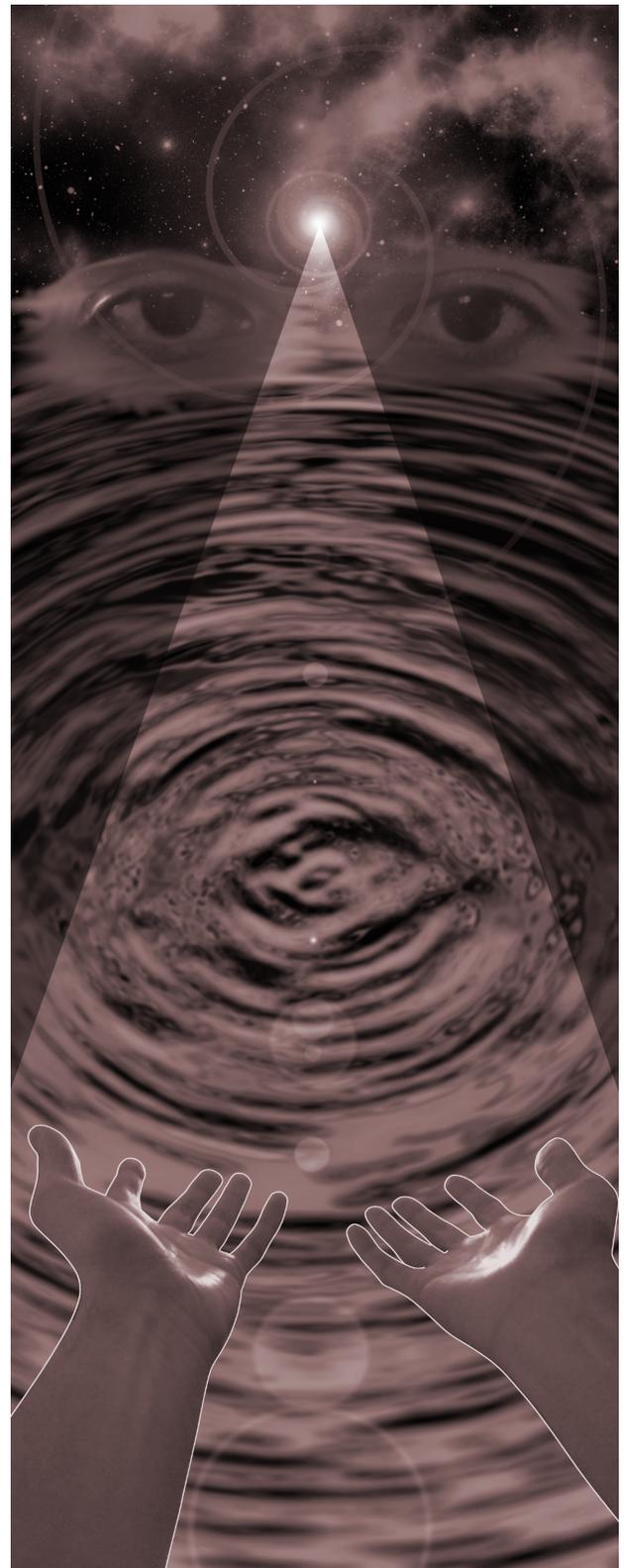
#### **Iteration 4: Universal - Integral**

When everything is experienced as One, All things become personally meaningful and important. True equality springs forth from harmony, from the acceptance of the constructiveness inherent to each, and in collaborating to bring it to fruition.

A peaceful co-existence is brought about and sustained through virtue and integrity. Empathy and sympathy are synonymous with humanity. Every sincere need can be fulfilled in honest ways that are mutually beneficial. We always arise together, not at the expense of one another.

What are we motivated by and how do we attempt to attain our goals? We open our lives up to those things as soon as we make our decision. It is impossible to hide from responsibility and accountability when things are drawn towards us through resonance.

Therefore, it all begins and ends with choice. What do you choose? With each repetition, the process of transformation is refined. Infinitely and eternally we reiterate until it is expressed to completion, until the recognition of absolute perfection is made permanent. Let us be there together. ♥



"Welcome Home, Friend."